

GOOSE SATAY / MANGO SALAD / TOMATO CHUTNEY



INGREDIENTS

6 

- 600 g goose breast
- 20 g Bresc Aio e limone
- 1 mango
- 1 apple
- half bunch mint
- Bresc Tomato chutney

PREPARATION METHOD

Make 6 skewers of satay using the goose breast. Marinate the satay in the Aio e limone for half an hour. Assemble a salad with the mango, apple and mint. Grill the satay on the barbecue for 7 to 8 minutes until it is medium done (pink), serve with the salad and the tomato chutney.

USED BRESC PRODUCTS



Parrillada Aio e Lemone
450g



Tomato chutney 325g