Goose satay / mango salad / tomato chutney



Ingredients

10

- 1000 g goose breast
- 35 g Bresc Aio e lemone
- 2 mango
- 2 apple
- bunch mint
- Bresc Tomato chutney

Preparation method

Make 6 skewers of satay using the goose breast. Marinate the satay in the Aio e lemone for half an hour.
Assemble a salad with the mango, apple and mint. Grill the satay on the barbecue for 7 to 8 minutes until it is medium done (pink), serve with the salad and the tomato chutney.

Used bresc products



Bresc Parrillada Aio e Lemone 450g



Bresc Tomato chutney 325g

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