

SWEET-AND-SOUR SALAD



USED BRESC PRODUCTS



Bresc Lemongrass puree
450g

INGREDIENTS

4

- 2 shallots
- 3 stalks spring onion
- 2 stalks celery
- 10 g chives, chopped
- 150 g tofu
- black pepper
- 2 limes, grated peel and juice
- 10 g Bresc Lemongrass puree
- 8 g sugar
- 5 g coriander, chopped
- 5 g mint, chopped
- 50 g peanuts, chopped
- oil for frying

PREPARATION METHOD

Cut the vegetables into small pieces. Cut the shallot into rings and mix it into the vegetables, along with the lime juice and grated lime peel, the sugar and the lemongrass. Season with pepper. Use the mixture to make a salad. Slice the tofu into strips and set to one side under pressure. Dab them dry and fry them well. Arrange the tofu and peanuts on the salad.